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# Musee News

Public Museum Middle &amp; High School - October 2021



## QUICK BITS



This past month in Ms. Mabin's class, the 8th and High School students have been learning about the Types of Physical Activity. They put their learning into a visual and made posters to show what they know about the recommended types, frequency, and level of intensity.

Included in this issue:

- Reminders
- Volunteer Opportunities
- Counselor's Corner
- Two Weeks at a Glance

## Reminders

### Student Pick Up

Public Museum School students take many excursions during the school day to explore the surrounding community. Please check in with your student to see what they might be doing during the week. Please plan ahead when making appointments/picking up early or notify the office of upcoming appointments. This way we can be sure your learner is in the building and available when you arrive to pick them up.

**Fridays are a non-uniform day for both the middle & high school.** If you need to order school uniforms, check out Screen Ideas (<https://www.grandrapidschooluniforms.com/collections/museum-school>). They offer Museum logo gear that qualifies for student uniforms. for both the middle & high school.

**Water Bottles** - Please have your student bring a refillable water bottle to school since our water refill stations are working. Drinking fountains are still not open.

 remind

**Remind Alerts** - Have you signed up for Remind alerts for your child's class? You can look us up at [www.remind.com](http://www.remind.com) (<https://www.remind.com>) and search for Grand Rapids Public Museum School. Or contact your school secretary and they can send you an invite.

**PTCC (<https://museumptcc.org/>) Meeting - November 9 at 6:30 pm at the Public Museum Middle School**

## Volunteer Opportunities

Parents, are you an approved GRPS Volunteer? If you are interested in volunteering with GRPS, please apply at <https://www.grps.org/volunteer> (/volunteer).

What is a Parent Action Leader (PAL)? (<https://parents.grps.org/about/>)

PALs serve as liaisons between families, schools and the District. The principal of each school selects the PAL. The job of the PALs is to serve the school and parents. They work closely with the Family and Community Engagement Office. Their responsibilities are:

- Increase parental engagement and volunteerism
- Empower parents
- Interact with principal and staff
- Encourage classroom assistance
- Attend PAL and Parent Teacher Community Council (PTCC) meetings
- Provide the yearly family engagement schedule
- Help plan and participate in key events throughout the school year (conferences, orientations, open house, Parent University offerings, PTCC meetings, etc.)

## Health Office

Hello! I am Nurse Ashley, the new school nurse at Museum High. Looking forward to helping meet your health needs and getting to know you all. I am coming from working the last seven years in Labor and Delivery at Metro Health... oops, it is now University of Michigan West. I also have a teaching degree and my first career was in education, so I am excited to merge my backgrounds as a school nurse. I bit about myself, I have been married for fifteen years and have an eight year old daughter and six year old son. I like painting, coffee, and all things Harry Potter.



### Flu Shot Season

October is the opening of flu shot season! While covid may seem to have pushed everything else in health to the back burner, getting a flu shot is still an important factor in remaining healthy. Many symptoms are similar between these respiratory viruses, so preventing flu may prevent excess mandatory time at home quarantined and away from your friends and activities waiting on a covid test result. But wait, can't the flu shot give you flu!? Nope! The shot may make your arm tender for a day or two and you may feel a little under the weather the first day, but these are normal responses of your body because it is creating those antibodies to fight off the real virus. This is a good sign and much easier to cope with than being down with flu! So help protect yourself, your friends and classmates, and community by getting a flu shot this season.



### Covid-19 Youth Vaccinations

Please join Parent University and the Grand Rapids African American Health Institute to learn about Covid-19 Youth Vaccinations. A panel of local clinicians will be available to answer your Covid-19 vaccination questions. See this flyer ([/images/highschools/museum/GRPS\\_PU\\_YouthVaccines\\_Flier\\_V2\\_1.pdf](/images/highschools/museum/GRPS_PU_YouthVaccines_Flier_V2_1.pdf)) for more information.

## Counselor's Corner

**High School** - Please join Ms. Beeckman's Counselor's Corner in Schoology for the most current information specific to your learner's grade level.

### Senior Information

**Gap & Gown** - The deadline of October 22nd is quickly approaching! Please order your cap and gown today or email me if you need assistance with this. Please watch the video recap below for important information about ordering your cap & gown from our local Jostens Rep Amy. That's right, it is time to place your order for cap & gown, graduation announcements, senior apparel and more! Jostens is our official provider for cap and gown and has a variety of items to help you celebrate your senior year. **Click Here to Play Senior Cap & Gown Video**

(<http://track.spe.schoolmessenger.com/f/a/CIGs0GrlbZLAgzEc9nbL8Q~/AAAAAQA~/RgRjReeOP0SgaHR0cHM6Ly92aWV3LnZpZHZlci9yZWJjaC91YTUyOGJiHjHere To Order Online!> (<http://track.spe.schoolmessenger.com/f/a/OyzHe6EqZiYBoOSyp1rX9Q~/AAAAAQA~/RgRjReeOP0T-aHR0cHM6Ly93d3cuam9zdGVucy5jb20vYXBwcy9jYXRhbG9nL2dyYWRQYWNrYWdlLm12Yz9jdXN0b21lcklkPTMwNjk5NzQmY3VzdG9tZXJOYW11PUdyYW5kLVJhcGlicy1QdWJsaWMTXVZYiFSEFRiYWtlckpAZ3Jwcy5vcmdYBAAAAAE~>))

**FASFA Night** - GRCC will be providing a brief presentation November 3rd from 6-8pm at Museum High for Seniors, followed by support to complete your Free Application for Federal Student Aid (FAFSA). This is required for all graduating seniors entering college in the fall of 2022, especially if your student will be taking advantage of the Promise Zone scholarship at GRCC. Please complete this form

(<http://track.spe.schoolmessenger.com/f/a/xPa9zA0jHCABMy1pW5x6jQ~/AAAAAQA~/RgRjQJD8P0QjaHR0cHM6Ly9mb3Jtcy5nbGUvYVWVhQnRrV3VNeEVDnVSRTiXB3NjaG9vbG1CCmF-Z5yhSEFRiYWtlckpAZ3Jwcy5vcmdYBAAAAAE~>) if you can attend so we know how many families to expect. Download the app to your Apple or Android phone OR visit the website prior to attending:

(<http://track.spe.schoolmessenger.com/f/a/IQjp1bdszisk2a3DVEtxng~/AAAAAQA~/RgRjQJD8P0QsaHR0cHM6Ly9zdHVkZW50YWlkLmdvdi9oL2FwcGx5LWZvc1haWQvZmFmc2FXB3NjaG9-Z5yhSEFRiYWtlckpAZ3Jwcy5vcmdYBAAAAAE~>)<https://studentaid.gov/h/apply-for-aid/fafsa> (<https://studentaid.gov/h/apply-for-aid/fafsa>) This is not required, but will give you a head start on the process.

## Athletics



*The year just before you eat!*

**29TH ANNUAL GRAND RAPIDS TURKEY TROT**

PRESENTED BY Blue Care Network

CELEBRATING OUR 150th ANNIVERSARY GRPS my Choice

**The Grand Rapids Turkey Trot is back in person!**

**Lace up your shoes and join us for the 29th Annual Grand Rapids Turkey Trot on Thanksgiving Day!**  
**November 25 • 8:00 a.m. • Van Andel Arena**

Prefer to participate virtually? Run/walk your 5k between November 18 and Thanksgiving and submit your time online via your RunSignup account.

All registrants will receive a Turkey Trot T-Shirt!

GRPS students can register for **FREE** with their school code!

Join us in this fun, healthy tradition to support GRPS Athletics, allowing all students the opportunity to participate in sports.

Sign up here: <https://www.grps.org/athletics-turkeytrot>

**USE CODE: GR5 for \$5 off**

Sponsorship opportunities available: [www.GRPSF.org](http://www.GRPSF.org)

Unable to participate this year? Donate here! [www.GRPSF.org](http://www.GRPSF.org)

Thank you Blue Care network of Michigan for returning as the presenting sponsor.

MICHIGAN FITNESS CENTER

Ottawa HS Athletics Page (<http://www.ottawahillsbengals.com>)

Union HS Athletics Page (<http://www.unionredhawks.com>)

(<https://www.facebook.com/museumuprepmontessoriatletics>)

MUM Athletics Facebook (<https://www.facebook.com/museumuprepmontessoriatletics>)

## Two Weeks at a Glance

### Middle School

October 22 - Picture Retake Day (Geskus Photography)

October 27 - Choir Concert in the Meijer Theater

October 24 - 29 - Learner Growth Reviews

November 2 - No School

November 4 to 5 - 6th Grade at Camp

November 5 - 7th Grade Vision Screening

### High School

October 22 - Picture Retake Day (Geskus Photography)

October 23 - Senior Can Drive, 9am - 12pm

October 27 - Choir Concert in the Meijer Theater at the Public Museum

October 24 - 29 - Learner Growth Reviews

November 2 - No School

November 5 - 9th Grade Vision Screening

### Past Musee News

September 2021 ([/images/highschools/museum/Musee\\_News\\_-\\_September\\_2021.pdf](/images/highschools/museum/Musee_News_-_September_2021.pdf))

### CONTACT US



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[About \(/museum-high\)](#)

[Annual Report \(/images/annual\\_reports/Museum\\_2019-20.pdf\)](#)

[Apply To A School \(/apply-to-a-school\)](#)

[Breakfast & Lunch \(https://grps.nutrislice.com/menu/public-museum-school\)](https://grps.nutrislice.com/menu/public-museum-school)

[Calendar \(/museum-high-calendar\)](#)

[Curriculum \(/museum-high-curriculum\)](#)

[In The News \(/museum-high-in-the-news\)](#)

[Partners \(/museum-high-partners\)](#)

[Museum Middle School \(/museum-middle\)](#)

**[Musee News \(/museum-high-musee-news\)](#)**

[Staff Directory \(/https-www-grps-org-museum-high-staff-directory\)](https-www-grps-org-museum-high-staff-directory)

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