

August - September
2017 Menu



Welcome to another exciting school year with Grand Rapids Public Schools. We are happy to have you as customers and look forward to serving your children hot and nutritious meals again this school year. The school meals served in your school are the best value in town. GRPS Nutrition Services is proud to offer the very best in nutrition for your child.




Meal Prices					
Student Meals - No Charge					
Adult Breakfast	\$ 2.50	Adult Lunch	\$ 4.00	Milk	\$.50

Adults and students who purchase meals, milk or a la carte items may still use My Payments Plus just like last year. Go to www.mypaymentsplus.com and register your self/student into the school meal pre-payment plan. This is a convenient way to securely keep your account paid in full and view your actual purchase history! If you have problems with this transaction please give Steve Slabbekoorn a call at 616.819.1662.

The USDA Food and Nutrition Service prohibits discrimination based on race, color, national origin, age, sex, or disability, in program access and delivery. To file a complaint of discrimination, write USDA, Director of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Ave SW, Washington DC, 20250-9410, or call (202) 720-5964 (voice or TDD). USDA is an equal opportunity provider and employer.

Lincoln School — August/September 2017

● MONDAY ●	● TUESDAY ●	● WEDNESDAY ●	● THURSDAY ●	● FRIDAY ●
28 Cereal Graham Crackers Honey BBQ Dippers Macaroni & Cheese Green Beans Cole's Breadstick Ice Cold Milk	29 Turkey Bacon Breakfast Boat Loaded Soft Shell Taco Refried Beans Frito Lay Scoops Sidekick Slushie Ice Cold Milk	30 Cinni Minis Chicken Alfredo Steamed Asparagus Cole's Breadstick Ice Cold Milk	31 Mini Egg & Cheese Sandwich Turkey Chili Dog Onion Rings Steamed Carrots Mini Rice Krispie Treat Ice Cold Milk	1 <i>No School Holiday Weekend</i>
4  Labor Day	5 Cereal Graham Crackers Sriracha Bites Fluffy Rice California Vegetables Ice Cold Milk	6 Mini Egg, Cheese & Sausage Slider Cuban Sandwich Roasted Red Potatoes Green Beans Ice Cold Milk	7 Scrambled Eggs Blueberry Muffin Chicken Drumstick Macaroni & Cheese Corn Muffin Collard Greens Ice Cold Milk	8 Breakfast Wrap Beef Nachos w/ Cheese Sauce Lettuce & Tomato Refried Beans Goldfish Grahams Ice Cold Milk
11 Turkey Sausage Bites Tangerine Chicken Fluffy Rice Asian Vegetables Vegetable Egg Roll Ice Cold Milk	12 Mini Pancakes Yogurt Meatballs w/ Sauce Steamed Broccoli Cole's Breadstick Lemon Berry Sorbet Ice Cold Milk	13 Mini Egg & Cheese Sandwich Turkey Sandwich Baked Beans Creamy Coleslaw Sun Chips Ice Cold Milk	14 Sausage Gravy Breakfast Mini Corn Dogs Onion Rings Seasoned Peas Dannon Yogurt Ice Cold Milk	15 Triple Berry French Toast Popcorn Chicken or Shrimp Spicy Potato Wedges Green Beans Cole's Garlic Toast Ice Cold Milk
18 Cereal Graham Crackers Chicken & Waffles Veggie Juice Cinnamon Baked Apples Ice Cold Milk	19 Turkey Bacon Breakfast Boat Chicken Fajita, Lettuce, Cheese & Salsa Refried Beans Tortilla Chips Ice Cold Milk	20 Cinni Minis Philly Steak Sandwich Sweet Potato Waffle Fries Green Pepper Strips w/ Ranch Ice Cold Milk	21 Pancake Wrap Sweet Thai Chicken Fluffy Rice Malibu Vegetables Dinner Roll Ice Cold Milk	22 Omelet Brown Sugar Bagel Baked Meatloaf Mashed Potatoes w/ Gravy Whole Kernel Corn Cole's Breadstick Ice Cold Milk
25 Apple Cinnamon Toast Honey BBQ Dippers Macaroni & Cheese Green Beans Cole's Breadstick Ice Cold Milk	26 Mini Egg, Cheese & Sausage Slider Beef Tacos Lettuce, Tomatoes & Cheese Refried Beans Frito Lay Scoops Ice Cold Milk	27 Mini Maple Waffles Pasta Bake Garlic Toast Steamed Broccoli Mini Rice Krispie Treat Ice Cold Milk	28 Turkey Sausage Bites Turkey Chili Dog Curly Fries Seasoned Peas Goldfish Crackers Ice Cold Milk	29 Turkey Bacon Boat Teriyaki Chicken Fluffy Rice California Blend Vegetables Dinner Roll Ice Cold Milk

Breakfast: Cereal, string cheese & yogurt as a choice, Fruit Selections (raisins, apples, oranges, bananas & peaches), 100% Fruit Juice & Ice Cold Milk (skim milk, 1% white or chocolate).

Grades 6-12 have additional options: Graham Crackers, Cereal, Yogurt or Cheese Stick.
Ice Cold Milk (skim milk, 1% white or chocolate) from **Country Dairy** included with each meal or for .50¢.

- Salad bars available in K-8 & K-12 schools
- For more in-depth information on menus, nutritional analysis, contact information and related website links, check out our website at: www.grpublicschools.org/nutrition or use the QR code on the front of this menu.

*** Menu Item Contains Pork**

