

St Stephen Catholic School - March 2019

Meal Prices: Lunch \$2.90, Reduced Meals: No Charge , Adult Lunch \$4.00, Milk \$.50

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|--|
| 4 Chicken Nuggets Baked Beans Garlic Toast Broccoli Fruit Cocktail Ice Cold Milk | 5 Hamburger Emoji Potatoes Carrots Diced Peaches Ice Cold Milk | 6 Cheesy Omelet Biscuit w/ Jelly Potato Rounds Fresh Green Beans Zee Zee Grahams Fresh Banana Ice Cold Milk | 7 Soft Beef Tacos Lettuce, Salsa, Cheese Ranchero Beans & Rice Mixed Berries Ice Cold Milk | 8 No School Professional Development Day |
| 11 Sloppy Joe Onion Rings Celery Sticks w/ Hummus Fresh Apple Ice Cold Milk | 12 Teriyaki Chicken Asian Rice Cherry Sidekick Diced Pears Ice Cold Milk | 13 Beef Dippers Macaroni & Cheese Romaine Salad w/ Peas Corn Muffin Strawberry Cup Ice Cold Milk | 14 Chicken Fajita Lettuce & Cheese Diced Tomatoes Refried Beans Tostito Scoops Fresh Banana Ice Cold Milk | 15 Three Cheese Calzone Ranch Potato Wedges Carrots w/ Ranch Mixed Fruit Ice Cold Milk |
| 18 Chicken Nuggets Soft Pretzel Seasoned Peas Cucumber w/ Ranch Fresh Apple Ice Cold Milk | 19 Hot Ham & Cheese Sandwich Sweet Potato Puffs Green Beans Diced Peaches Ice Cold Milk | 20 Beef Nachos Lettuce, Salsa, Cheese Ranchero Beans & Rice Fresh Banana Ice Cold Milk | 21 Apple Cinnamon Toast Turkey Sausage Link Veggie Juice Mixed Berries Ice Cold Milk | 22 Tony's 5" Round Pizza Whole Kernel Corn Carrots w/ Hummus Diced Pears Ice Cold Milk |
| 25 Beef Teriyaki Dippers Steamed Broccoli Carrots w/ Ranch Garlic Breadstick Diced Pears Ice Cold Milk | 26 Chicken Drumstick Corn Muffin Roasted Red Potatoes Celery Sticks Strawberry Cup Ice Cold Milk | 27 Beef Chili Grilled Cheese Cucumber Slices Apple Slices Ice Cold Milk | 28 Chicken Sandwich Sweet Potato Waffle Fries Seasoned Peas Diced Peaches Ice Cold Milk | 29 Nachos Lettuce, Salsa, Cheese Refried Beans Fruit Sorbet Ice Cold Milk |

MUNCHERS - Check with your school cook for ordering details

Lunch: Munchers & Sunbutter Sandwiches available as entrée choices. **Chef Salads** available at K-8 & K-12 sites.

Monday - Yogurt Muncher (Trix Yogurt, Hearty Granola, Blueberry Muffin, Carrots w/ Ranch & Dried Fruit)

Tuesday - Salad Muncher (Lettuce Blend, Shredded Cheese, Turkey Bacon, Tomato, Croutons w/Ranch, Sunflower Seeds, Cheese Crackers & Grapes)

Wednesday - Flatbread Muncher (Goldfish Flatbread, Turkey Breast, Swiss Cheese & Mayo/Mustard, Corn Salad, Roasted Chickpeas & Mixed Fruit)

Thursday - Scoops Muncher (Tostitos Scoops, Land O Lakes Cheese Cup, Salsa, Refried Beans, Goldfish Grahams & Clementine)

Friday - Sunbutter & Jelly Muncher (Jelly Crescent, Sunbutter Spread, Cheese Stick, Celery w/Ranch, Apple Slices & Pretzels)

- All grain items are at least 50% whole grains.
- Ice Cold Milk (skim milk, 1% white or chocolate) from **Country Dairy** included with each meal or for .50¢.
- Salad bars available in K-8 & K-12 schools
- For more in-depth information on menus, nutritional analysis, contact information and related website links, check out our website at: www.grpublicschools.org/nutrition or use the QR code on this menu.



* Menu Item Contains Pork