

St Stephen Catholic School - February 2019

Meal Prices: Lunch \$2.90, Reduced Meals: No Charge , Adult Lunch \$4.00, Milk \$.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Chicken Tenders Soft Pretzel Cooked Carrots Cucumber w/ Ranch Fresh Apple Ice Cold Milk	5 Beef Meatballs Mashed Potatoes w/ Gravy Green Beans Dinner Roll & Berry Cup Ice Cold Milk	6 Chicken & Cheese Quesadilla Fiesta Beans & Rice Romaine Salad w/ Tomatoes Fresh Banana Ice Cold Milk	7 Cheesy Omelet Biscuit w/ Jelly Potato Rounds Broccoli Zee Zee Grahams Fresh Grapes Ice Cold Milk	8 Tony's 5" Round Pizza Whole Kernel Corn Green Pepper Strips w/ Hummus Diced Peaches Ice Cold Milk
11 Beef Teriyaki Dippers Steamed Broccoli Carrots w/ Ranch Dinner Roll Mandarin Oranges Ice Cold Milk	12 Chicken Drumstick Corn Muffin Roasted Red Potatoes Green Beans Fresh Apple Ice Cold Milk	13 Beef Pasta Rotini Garlic Toast Celery Sticks w/ Hummus Fresh Grapes Ice Cold Milk	14 Chicken Sandwich Sweet Potato Waffle Fries Cucumber Slices Fruit Cocktail Ice Cold Milk	15 Beef Fiestada Pizza Romaine Salad w/ Chickpeas Goldfish Grahams Fresh Kiwi Ice Cold Milk
18 No School Mid Winter Break	19 No School Mid Winter Break	20 Beef Burrito Taco Fiesta Beans Carrots w/ Ranch Smart Cookies Fresh Banana Ice Cold Milk	21 Confetti Pancakes Turkey Sausage Veggie Juice Fruit Cup Ice Cold Milk	22 Italian Dunkers Marinara Sauce Whole Kernel Corn Goldfish Crackers Fresh Grapes Ice Cold Milk
25 Mini Corn Dogs Onion Rings Celery w/ Hummus Fresh Apple Ice Cold Milk	26 Grilled Cheese Potato Wedges Three Bean Salad Mixed Fruit Ice Cold Milk	27 Minh's Orange Chicken Vegetable Chow Mein Egg Roll Fruit Sidekick Slush Ice Cold Milk	28 Cuban Sandwich (Turkey Ham & Swiss) Sweet Potato Puffs Fresh Broccoli w/ Ranch Fresh Banana Ice Cold Milk	1 Beef Nachos Lettuce, Salsa, Cheese Ranchero Beans & Rice Fruit Sorbet Ice Cold Milk

MUNCHERS - Check with your school cook for ordering details



Lunch: Munchers & Sunbutter Sandwiches available as entrée choices. **Chef Salads** available at K-8 & K-12 sites.

Monday - Yogurt Muncher (Trix Yogurt, Hearty Granola, Blueberry Muffin, Carrots w/ Ranch & Dried Fruit)

Tuesday - Salad Muncher (Lettuce Blend, Shredded Cheese, Turkey Bacon, Tomato, Croutons w/Ranch, Sunflower Seeds, Cheese Crackers & Grapes)

Wednesday - Flatbread Muncher (Goldfish Flatbread, Turkey Breast, Swiss Cheese & Mayo/Mustard, Corn Salad, Roasted Chickpeas & Mixed Fruit)

Thursday - Scoops Muncher (Tostitos Scoops, Land O Lakes Cheese Cup, Salsa, Refried Beans, Goldfish Grahams & Clementine)

Friday - Sunbutter & Jelly Muncher (Jelly Crescent, Sunbutter Spread, Cheese Stick, Celery w/Ranch, Apple Slices & Pretzels)

- All grain items are at least 50% whole grains.
- Ice Cold Milk (skim milk, 1% white or chocolate) from **Country Dairy** included with each meal or for .50¢.
- Salad bars available in K-8 & K-12 schools
- For more in-depth information on menus, nutritional analysis, contact information and related website links, check out our website at: www.grpublicschools.org/nutrition or use the QR code on this menu.



*** Menu Item Contains Pork**