

# Immaculate Heart of Mary School - April 2019

**Meal Prices: Lunch \$2.90, Reduced Meals: No Charge , Adult Lunch \$4.00, Milk \$ .50**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>8</b> Chicken Tenders Soft Pretzel Steamed Carrots Diced Peaches Ice Cold Milk	<b>9</b> Hamburger Crinkle Cut Fries Romaine Salad w/ Tomatoes Fresh Apple Ice Cold Milk	<b>10</b> Beef Burrito Baja Black Beans Green Pepper Strips w/ Ranch Smart Cookies Fresh Banana Ice Cold Milk	<b>11</b> Confetti Pancakes Turkey Sausage Veggie Juice Mixed Berry Cup Ice Cold Milk	<b>12</b> Italian Dunkers Marinara Sauce Seasoned Peas Goldfish Crackers Lunch Bunch Grapes Ice Cold Milk  <p style="text-align: right;"><b>Lent</b></p>
<b>15</b> Mini Corn Dogs Onion Rings Celery Sticks w/ Hummus Fresh Apple Ice Cold Milk	<b>16</b> Fiestada Pizza Romaine Salad w/ Carrots Goldfish Grahams Mixed Fruit Ice Cold Milk	<b>17</b> Minh's Orange Chicken Fluffy Rice Steamed Broccoli Egg Roll Fresh Banana Ice Cold Milk	<b>18</b> Cuban Sandwich (Turkey Ham & Swiss Cheese) Sweet Potato Puffs Green Pepper Strips w/ Ranch Diced Pears Ice Cold Milk	<b>19</b>  <p><b>No School Good Friday</b></p>
<b>22</b>  <p><b>No School Easter Monday</b></p>	<b>23</b> Turkey Pepperoni Pizza Whole Kernel Corn Romaine Salad w/ Grape Tomatoes Diced Peaches Ice Cold Milk	<b>24</b> Apple Cinnamon Toast Turkey Sausage Link Veggie Juice Fresh Banana Ice Cold Milk	<b>25</b> Turkey Burger on a Bun Emoji Potatoes Carrots Sticks Mandarin Oranges Ice Cold Milk	<b>26</b> Soft Beef Tacos Lettuce, Cheese Diced Tomatoes Refried Beans Tostito Scoops Apple Slices Ice Cold Milk
<b>29</b> Three Cheese Calzone Ranch Potato Wedges Carrots w/ Ranch Mixed Berry Cup Ice Cold Milk	<b>30</b> Teriyaki Chicken Asian Rice Cherry Sidekick Pineapple Tidbits Ice Cold Milk	<b>1</b> Honey BBQ Dippers Macaroni & Cheese Romaine Salad w/ Carrots Corn Muffin Diced Pears Ice Cold Milk	<b>2</b> Chicken Fajita Lettuce & Cheese Diced Tomatoes Refried Beans Tostito Scoops Fresh Banana Ice Cold Milk	<b>3</b> Sloppy Joe Onion Rings Celery Sticks w/ Hummus Fresh Apple Ice Cold Milk

## MUNCHERS - Check with your school cook for ordering details

**Lunch: Munchers & Sunbutter Sandwiches** available as entrée choices. **Chef Salads** available at K-8 & K-12 sites.

**Monday** - Yogurt Muncher (Trix Yogurt, Hearty Granola, Blueberry Muffin, Carrots w/ Ranch & Dried Fruit)

**Tuesday** - Salad Muncher (Lettuce Blend, Shredded Cheese, Turkey Bacon, Tomato, Croutons w/Ranch, Sunflower Seeds, Cheese Crackers & Grapes)

**Wednesday** - Flatbread Muncher (Goldfish Flatbread, Turkey Breast, Swiss Cheese & Mayo/Mustard, Corn Salad, Roasted Chickpeas & Mixed Fruit)

**Thursday** - Scoops Muncher (Tostitos Scoops, Land O Lakes Cheese Cup, Salsa, Refried Beans, Goldfish Grahams & Clementine)

**Friday** - Sunbutter & Jelly Muncher (Jelly Crescent, Sunbutter Spread, Cheese Stick, Celery w/Ranch, Apple Slices & Pretzels)

- All grain items are at least 50% whole grains.
- Ice Cold Milk (skim milk, 1% white or chocolate) from **Country Dairy** included with each meal or for .50¢.
- Salad bars available in K-8 & K-12 schools
- For more in-depth information on menus, nutritional analysis, contact information and related website links, check out our website at: [www.grpublicschools.org/nutrition](http://www.grpublicschools.org/nutrition) or use the QR code on this menu.



**\* Menu Item Contains Pork**