


West Michigan Aviation Academy Menu - January 2017

BREAKFAST EXPRESS

Each Breakfast Combo Meal Includes: Breakfast entrée, Dannon Yogurt, Graham Crackers or Cereal, Fruit, Juice & Milk (fat free white, 1% white, fat free chocolate or fat free strawberry).

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| *Sausage & Cheese Biscuit | Sausage Breakfast Bagel | Egg & Cheese on Croissant |
| Whole Wheat French Toast Sticks | Mini Flapsticks | Yogurt Parfait |
| Turkey Bacon & Egg Breakfast | Bagel w/Cream Cheese | UBR- a super cookie high in protein & fiber |
| Pancakes or Waffles w/Syrup | Pillsbury Mini Pancakes | All items may not be offered daily. |
| Variety of Cereal, Muffins & Banana Bread | | *Menu Item Contains Pork. |

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 	3 Teriyaki Dippers Citrus Brown Rice Asian Vegetables Corn Bread Ice Cold Milk	4 Philly Steak Sandwich Sweet Potato Fries Fresh Green Beans Ice Cold Milk	5 Super Wet Burrito w/Red Gold Sauce Red Beans & Rice Whole Wheat Crackers Ice Cold Milk	6 Chicken Alfredo Steamed Broccoli Cole's Garlic Toast Ice Cold Milk
9 Chicken Fajita Pico de Gallo Red Beans & Rice Frito Lay Scoops Ice Cold Milk	10 Cuban Sandwich Malibu Vegetables Roasted Red Potatoes Lemon Berry Sorbet Ice Cold Milk	11 Turkey Deli Sandwich Broccoli Cheese Soup Carrot Sticks w/Ranch Goldfish Grahams Ice Cold Milk	12 Chicken & Waffles Sugar Snap Peas Cinnamon Baked Apples Ice Cold Milk	13 Chicken Drumstick Mashed Potatoes Collard Greens Corn Bread Ice Cold Milk
16 	17 Hot Dog on a Bun Onion Rings Baked Beans Ice Cold Milk	18 Sweet Thai Chili Chicken Fluffy Rice Asian Vegetable Blend Strawberry Shortcake Ice Cold Milk	19 Pasta w/Italian Sauce Beef Meatballs Bosco Stick Steamed Green Beans Frito Lay Scoops Ice Cold Milk	20 Baja Fish Tacos Spicy Potato Wedges Caribbean Vegetables Ice Cold Milk
23 Deluxe Nachos Pico de Gallo Refried Beans Dannon Yogurt Ice Cold Milk	24 1/2 Day No Lunch Served Breakfast will be available	25 1/2 Day No Lunch Served Breakfast will be available	26 1/2 Day No Lunch Served Breakfast will be available	27 No School

Additional Selections - Don't forget... EACH lunch must include a fruit or vegetable.

Available Daily: Cheeseburger or Chicken Patty on a Bun, Veggie Burger available upon request or Specialty Salads
Each Lunch Combo Meal Includes: Choice of Entrée, Seasoned Vegetable, Fruit Selection, Fresh Choice Bar & Milk (fat free white, 1% white, fat free chocolate or fat free strawberry).



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Selections	Pizza Selections	Burrito/Mexican Choices	Pizza Selections	Chicken Selections



Meal Prices					
Breakfast	\$ 2.00	Lunch	\$ 3.00	Milk	\$.50
Reduced Student Meals - No Charge			Adult Meals \$2.50/4.00		



Adults and students who purchase meals, milk or a la carte items may still use My Payments Plus just like last year. Go to www.mypaymentsplus.com and register your self/student into the school meal pre-payment plan. This is a convenient way to securely keep your account paid in full and view your actual purchase history! If you have problems with this transaction please give Steve Slabbekoorn a call at 616.819.1662