Lincoln School - December 2016

Meal Prices: Student Meals - No Charge, Adult Breakfast/Lunch $2.50/$4.00, Milk $ .50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Cereal Graham Crackers Cheeseburger on a Bun Crinkle Cut Fries Carrots w/Ranch Fresh Apple Ice Cold Milk	**29** Scrambled Eggs Banana Muffin Ham & Cheese Calzone Baked Beans Mixed Salad Greens w/Diced Tomatoes & Ranch Fresh Kiwi Ice Cold Milk	**30** French Toast Turkey Sausage Link Hot Dog on a Bun Tasty Onion Rings Whole Kernel Corn Petite Banana Ice Cold Milk	**1** Mini Egg, Cheese & Sausage Slider Chicken Nuggets Fresh Green Beans Broccoli w/Dip Cole's Garlic Toast Lunch Bunch Grapes Ice Cold Milk	**2** Turkey Sausage Breakfast Bites Tony's Cheese Pizza Sweet Potato Fries Celery Sticks w/Ranch Diced Peaches Ice Cold Milk
5 Mini Egg & Cheese Sandwich Honey BBQ Dippers Macaroni & Cheese Mixed Salad Greens w/ Sliced Radish & Ranch Mandarin Oranges Ice Cold Milk	**6** Mini Pancakes Yogurt Cup Philly Cheesesteak Sandwich Green Pepper Strips Carrots w/Ranch Fresh Apple Ice Cold Milk	**7** Turkey Bacon, Egg & Cheese Boat Chicken Fajita Romaine Ribbons & Cheese Fresh Salsa Fiesta Black Beans Smart Cookies Fresh Banana Ice Cold Milk	**8** Waffle Stick Turkey Sausage Link Chicken Patty on a Bun Potato Wedges Rainbow Salad Diced Peaches Ice Cold Milk	**9** Breakfast Wrap Double Stuff Cheese Pizza Whole Kernel Corn Fresh Green Beans Orange Wedges Ice Cold Milk
12 Turkey Sausage Breakfast Bites Minh's Orange Chicken Asian Rice w/Edamame Broccoli w/Ranch Dinner Roll Fresh Apple Ice Cold Milk	**13** Mini Egg, Cheese & Sausage Slider Ultimate Beef Nachos Romaine Ribbons & Cheese Refried Beans Fresh Salsa Diced Pears Ice Cold Milk	**14** Cheesy Omelet Brown Sugar Bagel Cuban Sandwich Cole Slaw Potato Stars Fresh Banana Ice Cold Milk	**15** Sausage Gravy Breakfast Chicken Drumstick Harvest Medley Crunchy Carrots Cole's Garlic Toast Lunch Bunch Grapes Ice Cold Milk	**16** Pancake Wrap Italian Dunkers Marinara Sauce Zesty Seasoned Peas Goldfish Grahams Diced Peaches Ice Cold Milk
19 Apple Cinnamon Toast Chicken Nuggets *Cajun Beans Cole's Breadstick Celery w/Ranch Fresh Apple Ice Cold Milk	**20** Mini Egg & Cheese Sandwich Italian Meatball Sub Mixed Salad Greens Grape Tomatoes w/Ranch Sliced Peaches Ice Cold Milk	**21** French Toast Sticks Turkey Gravy Mashed Potatoes Dinner Roll Fresh Green Beans Banana Ice Cold Milk	**22** Cereal Graham Crackers Cheesy Chicken Quesadilla Whole Kernel Corn Carrots w/Ranch Diced Pears Ice Cold Milk	**Holiday Break** **Dec 23 - Jan 2** *School resumes Jan 3rd*

MUNCHERS - Check with your school cook for ordering details

Breakfast: Cereal, string cheese & yogurt as a choice, Fruit Selections (raisins, apples, oranges, bananas & peaches), Orange Juice & Ice Cold Milk (skim milk, 1% white or fat free chocolate).
Grades 6-12 have additional options: Graham Crackers, Cereal, Yogurt or Cheese Stick.
Lunch: Munchers & Sunbutter sandwiches available as entrée choices. Chef Salads available at K-8 & K-12 sites.
Monday - Fruit & Yogurt Muncher (Yogurt, Sunflower Butter, Celery & Carrots, Goldfish Grahams, WG Pretzels and Raisins)
Tuesday - Sunbutter Muncher (Sunwise Sunbutter Sandwich, String Cheese, Cheddar Goldfish Crackers, Potato Salad and Apple)
Wednesday - Hummus & Pita Bread (Hummus, Cottage Cheese, Pita Rounds, Broccoli/Cauliflower Blend and Pineapple)
Thursday - Fiesta Grab and Go (Tortilla Chips, Land O Lakes Cheese Cup, Salsa, Refried Beans, Goldfish Grahams and Fruit)
Friday - Grab & Go Breakfast for Lunch (Pillsbury Mini Maple Pancakes, String Cheese, Yogurt, Cucumbers w/Ranch and Fruit)

- Ice Cold Milk (skim milk, 1% white or fat free chocolate) from **Country Dairy** included with each meal or for .50¢.
- Salad bars available in K-8 & K-12 schools
- ***Menu item contains pork.**

For more in-depth information on menus, nutritional analysis, contact information and related website links, check out our website at: www.grpublicschools.org/nutrition or use the QR code.

Adults and students who purchase meals, milk or al a carte items may still use My Payments Plus just like last year. Go to www.mypaymentsplus.com and register your self/student into the school meal pre-payment plan. This is a convenient way to securely keep your account paid in full and view your actual purchase history! If you have problems with this transaction please give Steve Slabbekoorn a call at 616.819.1662