

# Affective Statements

## **Characteristics of High-Quality Affective Statements and Language:**

- Teaches empathy, sets boundaries, and provides feedback.
- Encourages scholars to be aware of the positive or negative impact of their behavior.
- Provides an explicit explanation of emotions.
- Does NOT protect scholars from the consequences of their behavior.
- Focuses on the behavior, NOT on the intrinsic worth of the person (separates the deed from doer).
- Are respectful in tone.
- Encourages scholars to express feelings.
- Five positives to one corrective statement.

## **Affective Statement Sentence stems:**

I feel proud because/when ...

I feel confused because/when ...

I feel excited because/when ...

I feel uncomfortable because/when...

I feel appreciative because/when...

I feel sad because/when ...

I feel grateful because/when...

I feel uneasy because/when ...

I feel thankful because/when...

I feel distracted because/when ...

I feel delighted because/when ...

I feel pleased because/when ...

I feel impressed because/when...

I feel touched because/when ...

I feel worried because/when ...

I feel concerned because/when...

I feel feeling frustrated because/when...

I feel irritated because/when...

I feel angry because/when...

I feel sorry because/when...

I feel upset because/when...